

Was this an injury or did it occur over time? \_\_\_\_\_

How long have you had this problem or what was the date of your injury? \_\_\_\_\_

If an injury, describe how it occurred: \_\_\_\_\_

Were you seen in the emergency room? Yes / No Where? \_\_\_\_\_

If an auto accident, circle all that describe you in the accident: Driver / Passenger / Front Seat / Back Seat / Seat Belt

Have you had this or a similar problem before? Yes / No

If yes, what problem and how was it treated? \_\_\_\_\_

When did your pain start? Immediately / Later \_\_\_\_\_

**Describe your pain (circle all that apply):**

- |              |                      |                      |                |
|--------------|----------------------|----------------------|----------------|
| Sharp        | Aching               | Stabbing             | Dull           |
| Burning      | Pins & needles       | Throbbing            | Constant       |
| Intermittent | Chronic              | Getting better       | Getting worse  |
| Unchanged    | Worse in the morning | Worse in the evening | Worse at night |

**My Pain Combination:**

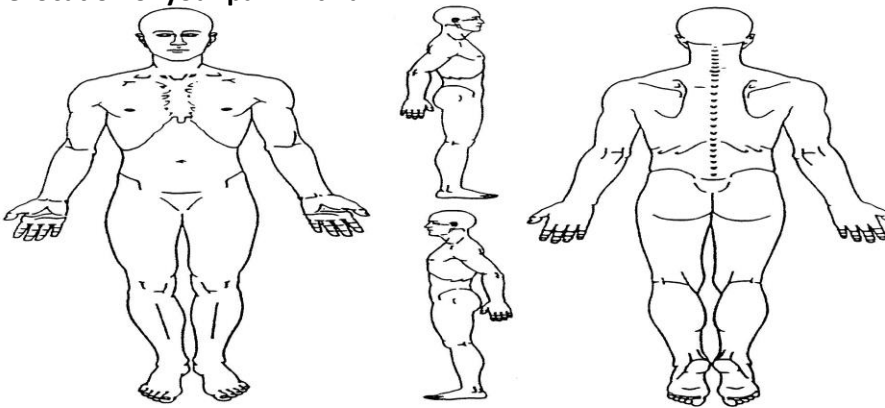
- |                  |               |                 |                |
|------------------|---------------|-----------------|----------------|
| 100% Neck / Back | 0% Arm / Leg  | 25% Neck / Back | 75% Arm / Leg  |
| 75% Neck / Back  | 25% Arm / Leg | 0% Neck / Back  | 100% Arm / Leg |
| 50% Neck / Back  | 50% Arm / Leg |                 |                |

Medications used for this problem: \_\_\_\_\_

Have you had any tests for this problem? MRI / Bone Scan / X-ray / Other \_\_\_\_\_

**Rate your pain:** No Pain 1 2 3 4 5 6 7 8 9 10 Absolute Pain

**Please indicate the location of your pain with an X:**



Does the pain wake you at night? Yes / No

Does the pain radiate from one place to another? Yes / No

Do you have numbness or tingling? Yes / No If yes, where? \_\_\_\_\_

Do you have swelling? Yes / No If yes, where? \_\_\_\_\_

Do you have any weakness? Yes / No If yes, where? \_\_\_\_\_

Do you have any bladder problems? No / Exertional Incontinence / Leakage / Infection

Do you have any bowel problems? No / Constipation / Incontinence / Diarrhea

Does your problem cause sexual dysfunction? Yes / No

# NECK / BACK

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How long can you walk until you experience pain? \_\_\_\_\_ minutes

Have you had any surgery on your neck or back? Yes / No

Please list dates, doctors and operations: \_\_\_\_\_

Did any symptoms remain after the surgery? Yes / No

Please describe: \_\_\_\_\_

Do you have any other problems not previously described? Yes / No If yes, please describe: \_\_\_\_\_

### Please mark how the following activities affect your pain:

	Worse	No Effect	Better
Climbing			
Sitting			
Getting up from a chair			
Riding in a car			
Bending forward			
Coughing/sneezing			
Straining with bowels			
Standing			
Walking			
Running			
Throwing			
Going up stairs			
Going down stairs			
Lying on back			
Lying on right side / left side			
Lifting			
Pushing / pulling			

### If you have used any of the following, please indicate the results:

	Not Used	No Help	Helped	Helped a Lot	Still Use
Physical Therapy					
Exercise					
Chiropractic					
Weight Lifting					
Aquatics					
Acupuncture					
Ice					
Heat					
Braces					
Steroid Injection					
Walking					
Other					

Referring Physician: \_\_\_\_\_

Other Physician(s) you have seen for this problem: \_\_\_\_\_

Date(s) of work/school missed for this problem: \_\_\_\_\_

Is there an attorney involved with this problem? Yes / No If yes, please provide additional information: \_\_\_\_\_

Patient Name (please print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_